

The SUPERCHARGED ATTRIBUTES

**Creative
and creative
thinkers**

Loyal

**High energy
Enthusiastic**

**Spontaneous
fun**

**Adventurous
inside and out**

**Good
sense of
humour**

**Outside the box
problem solvers**

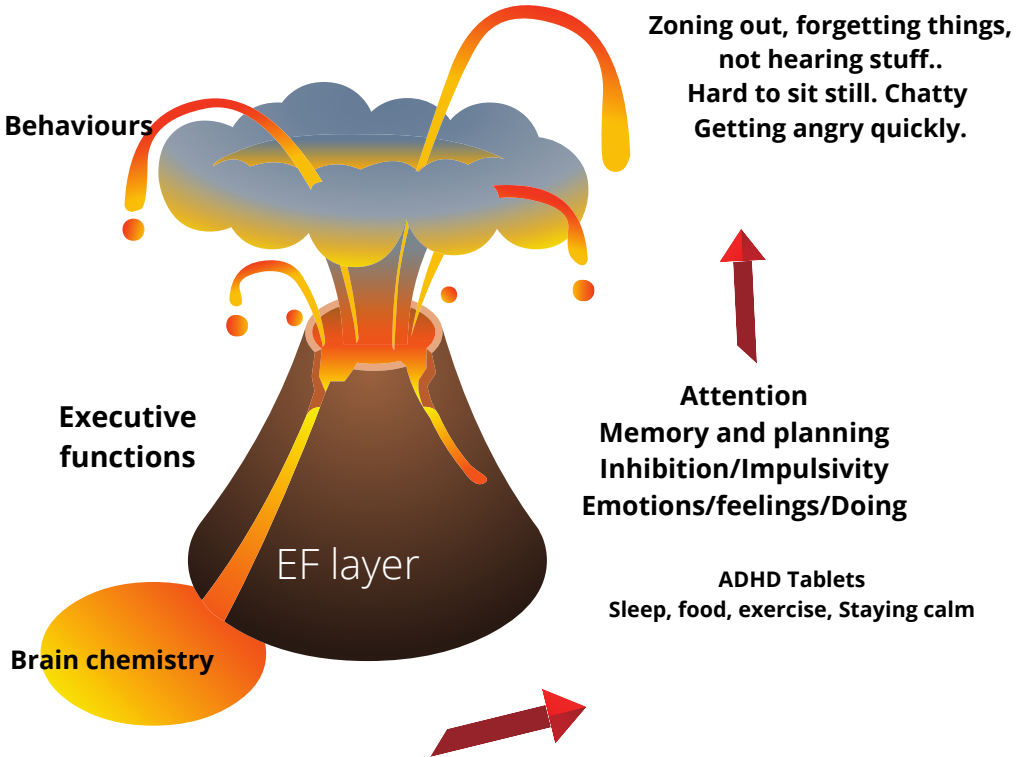
**Laser focus
at times
Driven**

**Strong Social justice
KIND!**



The ADHD Volcano

and understanding executive functions



When brain chemistry is not right, it affects the executive functions. Its like not having the right fuel to make parts of the brain connect and work at their best.

If the executive function skills aren't working right, it can cause challenging behaviours. And that can be frustrating.